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Win a Full Day Package at Eastthorpe Hall Spa with our fabulous competition

Set in beautiful grounds, Eastthorpe Hall in Mirfield, West Yorkshire, is a multi-award-winning health and beauty day spa, providing an unsurpassed experience in a 'boutique' style that is unrivalled

Established in 1999 by Stephanie and Christopher Barraclough, Eastthorpe Hall offers affordable luxury in a tranquil environment, where clients can indulge in superb one-to-one treatments, combining the finest organic products, treatment combinations - supported by specific hydrotherapy treatments - and incredible food.

The Hall's award-winning chef, Granville Graham, creates mouth-watering dishes, using only the finest, locally-sourced ingredients, and specialising in dietary restrictions. His dishes have won numerous awards, and entice clients back time and time again.

But it's not just about pampering. The spa is a centre of excellence for treating cancer patients - something that is very close to Stephanie's heart. Having been diagnosed with breast cancer at the age of 39, she has just celebrated her 70th birthday, and is known for her holistic approach.

This is the ethos that runs through the entire core of what Eastthorpe Hall truly is - the antithesis of a conveyer-belt spa environment. They pride themselves on their bespoke approach to each individual person that enters the building, whether for a single treatment, half or full-day. You will be guided and indulged during your time at the spa, where you are valued and respected, and the team genuinely feel it is a pleasure to provide the services they do each and every day.

The Hall also offers osteopathy, alongside sports therapy, which compliments the spa's holistic approach.

Eastthorpe is also delighted to be the country's leading spa to offer 'Cyclo Massage' - a revolutionary experience that offers a non-invasive, multi-directional massage experience. It is medically approved, and manufactured to the highest standard. This ground-breaking technology can bring relief to a multitude of conditions, offering pain relief, and assisting with existing medical conditions. "The results we have had have been incredible," says Stephanie. Ring for more details.

The team at Eastthorpe Hall pride themselves on the high-quality service and personal touch that they offer - whether you are just visiting for a single treatment, or to enjoy one of the many half or full-day packages. You can be assured that, from the moment you step through the door, you will be made to feel very welcome.

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HOW TO ENTER:

Yorkshire Living has teamed up with Eastthorpe Hall to offer one lucky reader the chance to enjoy a Full Day Spa Package.

To be in with a chance of winning, answer this question: What year was Eastthorpe Hall established? Please email your answer to: competitions@yorkshire-living.co.uk with the words 'Eastthorpe Hall competition' in the subject field of your email. If you do not wish to receive information from Living magazine or associated third parties, please write NO INFO with your reply. Usual Newsquest rules apply and the closing date for entries is Monday, December 11, 2017. The prize is subject to availability and no cash alternative is available. The judge's decision is final and no correspondence will be entered into.